



Toileting Guidelines

Per Texas Education Agency, students eligible for PreK are not required to be toilet trained. TEA does not regulate procedures for assisting a child with bathroom capabilities. However, the agency recommends that districts have a written protocol in place.

Toilet training is a developmental milestone in a child's life. Crowley ISD recognizes that supporting children with toileting training is an intimate occurrence. For this reason, we have developed a plan to support children that require support with toileting.

Classroom staff agrees to:

- monitor and supervise all children during scheduled restroom time.
- frequent restroom breaks throughout the day to allow opportunities to be successful at toileting independently.
- honor children's need for privacy.
- expect occasional accidents and treat them as teachable moments free of judgment against the child.
- watch for and identify signals that may help minimize accidents.
- communicate with parents regarding toileting experiences.

Parent/guardians agree to:

- provide at least two (2) changes of clothes, including pants, underwear, socks, and shoes (if available). Label all clothing with the child's name. Soiled clothing will be sent home in the child's backpack at the end of the day and should be replenished as quickly as possible.
- show the child what is expected to use the toilet: undressing, going, wiping, dressing, flushing, and hand-washing.
- dress children in easy to remove clothing to help students be successful in undressing and dressing independently.
- a bag of pull-ups w/velcro sides (you will be notified when the supply is running low).
- reinforce the toileting schedule *consistently* outside of school hours.

Above all, it is important for everyone to be positive and consistent!

Following pages:

- Process for Toileting Accidents - Toilet Training Plans - PreK - Toileting Contract



Process for Toileting Accidents

“Accidents” by definition are unusual incidents and should only happen infrequently. When a student soils his/her clothes the teacher or teacher assistant will:

- The adult will put on plastic gloves and gather a sealable plastic bag for the soiled clothes.
- The child will remove the soiled clothing. If unable, the adult will assist. The child will be encouraged to complete the action on the toilet to ensure that the bladder/bowels have been completely emptied.
- The adult will give the child verbal directions to wipe himself/herself. If the child’s underpants are excessively soiled they will be thrown away.
- The remainder of the soiled clothing will be returned to the child’s school bag in a sealed plastic bag. The teacher will assist the child in getting dressed as necessary.
- The child should wash their hands with soap and running water for 20 seconds
- The adult should wash their hands with soap and running water for 20 seconds.
- The adult will document the incident and notify parents.
- If the child is incontinent of loose stool (diarrhea), the student should be taken to the nurse’s office for assessment and to minimize exposure of other students to illness.
- If a student doesn’t have a change of clothes in his/her backpack, the parent may be contacted to bring clothing for the child. The nurse does not routinely have extra clothing available in all sizes.
- If a student has more than two toilet accidents at school in a week or more than eight times in a month, the campus administrator should be notified so the concerns may be addressed by the educational team. This may include **creating an individualized toileting plan** for a student or requesting the parents seek medical evaluation for their child (see ‘*Toilet Training Plan,*’ next page).
- The goal is for the student to be as independent as possible in any situation.



Toilet Training Plan

If a PreK/school-aged child is not fully toilet trained, the school team (to include the teacher, campus administrator, and school nurse) should collaborate with the parent/guardian to establish an individualized plan relevant to the age and needs of the child. The plan must be consistent and reinforced at home and at school.

The questions/topics to be addressed in the meeting include:

- Student's background and home efforts to date:
 - Who is helping with efforts at home?
 - When do accidents typically occur for the child?
- Any medical concerns or factors to consider?
 - Parents may be advised to seek medical evaluation from their physician.
- Underwear is preferred instead of pullups to promote independence in the child.

The individualized plan should address in writing:

- At least two (2) changes of clothing, including pants/shorts, wipes, underwear, and socks, are to be provided to the school and replenished as soon as possible as needed.
- Determine language usage at school and home to promote consistency.
- Toileting schedule at home:
 - Who assists?
 - Frequency?
 - How much assistance?
- Toileting schedule at school:
 - Who assists?
 - Frequency?
 - How much assistance?
- When will the plan be revisited to ensure progress and review/revise goals?
- How and when will parent/guardian and school communicate regarding progress?
- It is expected that students be independent with wiping/cleaning themselves. If there are concerns that the student needs more assistance, this must be agreed upon by the school team and addressed in writing in the plan.



Toilet Training Plan

Student Name: _____ DOB: _____

Campus Name: _____ Teacher Name: _____

What toilet training efforts have been made thus far, and what were the results?

When do 'accidents' typically occur? _____

Any medical factors to consider?

	At HOME	At SCHOOL
Level of assistance provided:		
Who provides the assistance:		Teacher or aide per guidelines; nurse for medical intervention
Schedule/frequency of toileting attempts:		
Primary language used for toileting instruction:		Same as home language

BRIGHT FROM THE START

CROWLEY ISD EARLY CHILDHOOD



How to communicate progress between school and home (select one):
 + telephone + email + note in backpack + other: _____

Parent/guardian agrees to:

- Provide underwear or pull-ups, two (2) extra pairs of shorts or pants, and any other supplies necessary for the student's hygiene care at school
- Adhere to toileting schedule outside of school hours to create consistency
- Promote independence for student to the extent possible

School staff agrees to:

- Communicate with parents when supplies are low but before they run out
- Ensure one adult staff member are present if child requires hands-on assistance
- Revisit this plan in _____ weeks to determine progress and modify plan if needed

Parent Signature:	Date:
Printed Name:	Phone:
Staff Signature:	Date:
Printed Name:	Positio